

THE ESSENCE OF THE MAYA COSMIC INSTITUTE

Mérida, Yucatán

[Maya Cosmic Institute](#)

Why is now the time to study the Maya Sacred Wisdom ?

One of the most important messages from the ancient Maya prophecies talks of the return of the great Mayan Master Quetzalcoatl – KuKuulKaan. Studying the Maya Sacred Wisdom offers you the opportunity to be ready to receive his teachings when this time comes.

Prophecy of the Return of Quetzalcoatl - KuKuulKaan

This is what elders of the ancient times say:

"It is true that Quetzalcoatl - KuKuulKaan is alive.

He did not die.

Once more he will return.

He will come to teach us the secrets of the Maya wisdom."

From the sacred Maya book: Memorial of KuKuulKaan

Here in the Yucatán, in the heart of the Maya world, time seems to have a mind of its own. It was over 20 years ago when Miguel Angel Vergara first received the message from the ancient teachers to create the Maya Cosmic Institute and only now, in 2008, has it become a reality. Why? Because now is the time for people to receive the sacred teachings of the ancient Maya. Now people are searching for this knowledge and now they are ready to put it into practice.

"Many people are struggling with change and searching for meaning, for purpose, in their life. Spiritual practice is important and the sacred practices and teachings of the ancient Maya have very deep roots with much to offer people now," says Miguel Angel. "This is not a religion. Maya is a consciousness statement, a way of being in the world."

There are over 1,480 Mayan structures in the Yucatán. In these temples, pyramids, ceremonial centers, the ancient ones left many messages for us. Since their long count calendar ends in 2012 it is reasonable to think that they gave some thought to this era, to now, our time. It is obvious to most of us that the world is going through a major shift in consciousness. By simply ending their calendar in 2012 the Maya were predicting a major change to happen now. Accepting that they knew this, that they maybe knew more than us, seems to be one of the biggest stumbling blocks for people who were taught that knowledge increases over time. However, once they get past that old belief, a world of magic can open up for them and the many gifts left by the Maya in the temples and pyramids can come alive and start to make sense.

Interest in the Maya is very high right now. There are many books available on all aspects of this ancient civilization. However, until people come to the sites, climb the pyramids, meditate in the temples they are not receiving the full knowledge. "It takes time and effort," says Miguel Angel, "to find the essence of the Maya teachings and their meaning for you. Until you experience the knowledge from the source you are really just accepting someone else's interpretation. Only you have the key to what these messages mean to you."

The teachings at the Maya Cosmic Institute all come from the Mayan sources. They do not teach the archeological, scientific information that can be found in books. At MCU their mission is to share the sacred Maya teachings through the study of their science, art, philosophy, and religion, as it is found in the ceremonies, rituals, mantras, sacred books, pyramids, temples, stele, pottery, paintings, sculptures and oral traditions that are available today.

"Each temple, each carving, each ritual is a unique masterpiece that helps us transcend from the physical/material level and rise to the level of the soul and spirit," explains Miguel Angel.

They teach the Maya Cosmovision, the Maya connection with Atlantis, the Mayan Calendars and Prophecies, the Sacred Ceremonies and Rituals of the ancient Maya, the Maya Goddesses and the rise of the Sacred Feminine, and more. Sacred Earth Journeys conduct journeys to sacred Maya sites in Yucatán, Chiapas, and Guatemala. These sacred journeys give the student opportunities to learn from the energy of the ancient sites themselves. At the Maya Cosmic Institute they want the students to experience the Sacred Teachings of the Maya and not sit in the corner taking notes.

"When I arrived in Mérida in Nov. 2007 for my first journey with Miguel Angel, I didn't know that my life was in a portal of a big discovery. In March of 2008 I had the honor to be part of the first class at MCU. It was a week loaded with ancient information, rituals, deep touching experiences, affirmations.,.....everything was sooo magical. Miguel Angel Vergara, with his love and passion for what he really believes (and lives) was very inspiring; the drumming, the music, the beautiful surroundings, we made contact with our core in a sacred, beautiful way," says Amelia Borge of Sarasota, Fl, and a past traveler with Sacred Earth Journeys. "All of these experiences are given in a wonderful environment, you feel at home, you feel part of a big family, you find yourself being part of a circle of friends. I know I found my path, I know I found my teachers, I know that this is the dawn of a new life and I know that the journey has just begun....."

A course at the Maya Cosmic Institute is not a passive experience. There is classroom work but the students are also expected to participate in the ceremonies, the meditations, and the practices that are being taught and then are encouraged to share their experiences with others. The goal is to help the students find their direct connection with the source, with the essence of the Maya teachings.

Miguel Angel says, "I can share with you what the Mayan Masters have taught me but that is my truth. You need to put these practices into your life and find your own truth. That is where the power is, inside you. It needs to be nurtured and treated with respect."

The Maya Cosmic Institute is located in Mérida, Yucatán, Mexico. It offers unique opportunities to experience the essence of the Sacred Maya Teachings in one-week courses, special events, ceremonies, journeys to the sacred sites, and more.

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